KYOGLE SHINES AT BEEF WEEK!!

On Saturday the 31st May students from Kyogle High School exhibited cattle at Beef Week in Casino. Six students represented Kyogle High School on Saturday morning to show the three Droughtmaster calves and one Hereford calf in the Hoof competition. All steers and students presented well in their categories which consisted of many steers from a range of producers and schools both locally and interstate. Kyogle High received one Highly Commended ribbon in the Hoof competition which was a good result considering the level of competition on the day.

On Tuesday the 3rd of June students attended the Casino RSM Club for a luncheon and the Hook Competition results. All calves hook results were competitive with one Droughtmaster steer donated by Wendy and Paul Carter placing second in the 361-430 kg class. This result was a reward for the student’s hard work in preparing the cattle since February.

At Beef Week there is a competition for the Champion School Steer Carcase. Kyogle High had won this trophy in 2012 and 2013 and was hoping to be the first school to win it three years in a row. This year we were up against 30 steers from 11 different schools and were fortunate to be awarded the Champion School Carcase ahead of Richmond River and Woodenbong High Schools.

A big thankyou to the families and producers who have supported the school in our Beef Week campaign this year. Thankyou to Mick Carter of Kyogle, Wendy and Paul Carter of Kyogle and Neil Warne (Cedardale Droughtmasters) of Casino. Without this support students would not have the opportunities to represent the school and show high quality cattle.

Thank you to all students who prepared cattle throughout the Semester including a special thankyou to Sophie Bulmer, Kristen Wimble, Kaitlyn Annecca, Jordan Walters, Kobe McGovert and Adam Little who represented Kyogle High School on Saturday.
We are proud of the facilities and education we deliver at Kyogle High School. We have the most up to date TAS facilities and as a result, our qualified staff deliver VET courses that are providing opportunities for our students to gain an Australian credential in Information Technology, Primary Industries, Metals and Engineering, Hospitality and Construction. While many schools across the state are not meeting the credentials, are reducing delivery and have facilities that are less than current, we are proud of our achievements. The mandatory Work Placements support our students in transitioning to fulltime work, apprenticeships, traineeships and academic study. The possibilities for the students of Kyogle High School are endless.

A couple of weeks ago I received an email from Terry Simpson, North Coast Convenor Rugby Union. Nathan Farragher had been part of the team to represent NC at CHS championships in Newcastle. Terry said; “I have nothing but the highest praise for Nathan in the manner that he conducted himself …he is a credit to KHS by showing exemplary behaviour, great sportsmanship and a high level of skill.”

Over the last fortnight we have celebrated students achieving in Athletics, Beef Week and Cross Country. We acknowledge the work of staff and celebrate their contribution to the lives of young people in Kyogle. In particular, I wish to pass on our sympathy to the McBride family. Stan McBride was a past teacher of Kyogle High School who continued to support students with bowls and a sense of humour and information that was generous and optimistic.

As parents start to attend Information Nights for Year 7 2015, I ask you to consider Kyogle High School. We work with parents and carers and we work with and in the community to raise outstanding young people. We provide quality learning to support students to achieve their personal best whether it is academic, sporting, community, cultural or combinations of all. We have an active P C and well qualified and committed staff. We know and recognise each student as an individual. Our doors are always open to parents and carers and to students. We are optimistic and supportive of young people and will continue to see the best in them because they bring out the best in us. They are our future and we will continue to work with the community to raise them to contribute to our future.

As Principal, I would welcome, along with the Deputy Principal, Gae Masters, opportunity to show prospective students and parents around the school individually and make time to meet and talk about why I believe this is the best placed school to deliver a secondary education to your child.

Thank you to Karen Slater on the arrival of our new and improved school jumpers. They look terrific. Please support the P&C and the uniform at Kyogle High School. Have a great week.

Mrs Janeen Silcock

Is your child studying for the HSC?

If your child is studying for the HSC, you're probably feeling the stress too. Many parents want to help but don't want to interfere.

As well as pre-exam tension, there are other common factors that can make life seem even more challenging for the whole family.

Year 12 is often the year when students:

- lose interest in school
- develop an intense relationship with a boyfriend or girlfriend
- get their driver's licence
- experiment with legal or illegal drugs
- have a part-time job
- develop an eating disorder
- suffer from depression.

If any of these concerns sounds familiar, don't despair. You're not alone - and this won't last forever.

Some tips from past Year 12 students include:

Always complete work when you get it, don’t let it pile up—too hard to catch up!

Don't leave things to the last minute. Organisation throughout the year is very important.

It is never too early to start revising.

Do as many practice exams as possible.

Study hard but also maintain a balanced lifestyle. This means keeping up with your sport or other activity that you enjoy.

Be motivated and stay motivated.

Do not overwork yourself, eat healthy, exercise and get a lot of sleep.

Do not give up—all the hard work will be worth it in the end.

Find out more about surviving the HSC on the School A to Z website.

Video: Teachers talk about how parents can help their teen manage the study load and stress when they're preparing for the HSC.

Kyogle High School is committed to trialling ways to improve what we do. At a recent P&C meeting, it was decided to look at trialling a fortnightly newsletter until the end of the year. Any feedback would be appreciated.

Mrs Gae Masters

Week 7 FOCUS - Respect one another

Kyogle High School students speak to others how we would like to be spoken to, we treat people equally, show kindness and compassion and we speak up for those who cannot speak for themselves.
Sport Report

At last week’s assembly our Cross Country and Athletics Age Champions were announced and presented with their age champion medals. Congratulations to the following students:

Fun Run Age Champions

House Points for the Fun Run
1st – Larkin on 36 points.
2nd – Fegan on 31 points.
3rd – Richmond on 29 points.
4th – Lindesay on 27 points.

Athletics Age Champions

House Points from the Athletics Carnival
1st – Fegan on 472 points.
2nd – Larkin on 373 points.
3rd – Lindesay on 361 points.
4th – Richmond on 256 points.

Zone Athletics Carnival
A reminder to all students who are attending the Zone Athletics Carnival on the 20th June at Riverview Park Lismore, that you cannot attend the carnival without submitting a permission note. Those students who do attend must report to Mrs Mitchell on the day to get your name marked on the roll and to receive your competitors singlet.

Kyogle High Sports Star
At Kyogle High School we are proud of our student’s sporting achievements. For this reason we are starting a new initiative that acknowledges students who are excelling at their chosen sport as an athlete or volunteer either in the wider community or for their efforts in representing the school in CHS sport. In each issue of the school newsletter the selected student will be interviewed on their achievements and receive a $5 school canteen voucher for their efforts. We know we have talented athletic students in our school community, but what we don’t always know is how well some of you are doing at your sport, so if you want to be considered for Kyogle High Sports Star then make sure you let us know by nominating at the PDHPE Staff room.

CANTEEN ROSTER

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The canteen is always looking for more volunteers. If you can help out please phone Faye Rose on 66321300.

Uniform Shop Reminder

- Football socks are now for sale $10/pair
- Jackets $40
- Jumpers $30

REMINDER!

Week 5 Term 3 is getting closer..closer to that Snow trip for Year 11! Payments can be made at the Front Office. Any questions regarding the trip can be directed to Dave Stewart on 66321300.
What’s happening in Science...

KEEP Science
Last week 24 students from Years 5-7 participated in the KEEP day. Students participated in making slides, photographing objects using the digital camera, constructing dichotomous keys and constructing edible model cells. Students worked well in their chosen groups and displayed exemplary behaviour throughout the day.

QUESTACON
Is coming to Kyogle High School this Friday. Tickets are $5.00. Note and money must be signed and returned to the Front Office. It is open to all Kyogle High School students and Primary School students. Hands on activities will be presented during the 1 hour show. Questacon is a Science Centre based in Canberra. Many families visit the centre as part of a holiday trip. If you have not been or loved your experience then this event is for you.

Year 12 Trial HSC Exams
These exams start next week. Biology, Chemistry and Physics students should be preparing by reviewing work covered in the core topics, notes from classwork, past papers, and practical investigations need to be revised prior to the exams. Good Luck.

Junior Science
New topics for each year group will be started this week. Students may want to get a new book and ensure all equipment is taken to each class. Remember: laptops and other BYOD need to be used in negotiation with your teacher. A work book needs to brought to every class.

Mr Adam Deczecsr
Head Teacher Science

MATHS PUZZLES
Week 6 puzzles, Last week’s winner Finn Penrose.
Puzzle one
If we painted each face of the 4 centimetre cube with the colour purple, then cut the cube into 64 one centimetre small cubes.

How many small cubes will have no purple colour on any side of the cube?
How many small cubes have 1 face with purple colour?
How many small cubes have 3 faces with purple colour?

Puzzle two
Cut figure into only two pieces along the dashed lines so that when re-joined, a square is formed.

REMINDER FROM THE OFFICE
You can now pay your school fees by Direct Credit:
Kyogle High School
BSB: 032001 Account No: 154403
If you are paying this way, please make a payment for each individual student with their name included.
It is very important to advise the school by email or phone that the payment has been made so this can be checked on our records.

Thankyou
Noticeable effects from 25 to 30 minutes of independent reading every day. The more time students spend independently reading, the greater the positive effect on student achievement.

We have submitted our application and are hoping to be awarded a grant of up to $25,000 which we will use to shade predominantly the Quadrangle area. We have been working tirelessly to get our submission in and are hoping for a positive outcome.

Sophie and Marne

My Library gives you access to:-
- The Internet
- Great reads!!
- Expert research “how to”
- One on one assignment help
- Quiet spaces
- A dedicated community
- Online help through our Moodle
- Accessible catalogue and e-resources from home
- Qualified teacher and information specialist

Sewing Classes
Lismore Sewing Centre will be running sewing classes during the first week of the school holidays.
Class dates: Monday 30th June, Wednesday 2nd July and Friday 4th July.
Children will be learning how to use a sewing machine and will take home a fun project made by themselves. Contact Lismore Sewing Centre on 66213158 or email afewdesigns@bigpond.com.

Northern Rivers Conservatorium
Community Music
Northern Rivers Youth Orchestra 2014
July School Holiday Program
3 days of workshops
Tues 8, Wed 9 & Thurs 10 July for students aged 7-21
$110 Junior (up to Year 5) $130 Senior (Year 6 & older)
Register online at enrol.nrcac.edu.au Phone 66212266.

Lismore Lantern Parade
21st June 2014
The Year 9/10 Drama elective class has been working tirelessly this term on a HUGE 'Space Dragon' lantern that will be carried in this years’ 20th Anniversary Lantern Parade in Lismore on Saturday 21st June. This has been a huge collaborative effort in the making of this lantern, as it is the biggest we have made in the past 5 years we have been representing the school at this event. We hope you can all come along and watch the parade and support us. Along with the drama students we have band students who will be playing in the parade, with all the students participating in the fiery finale show following the parade at Oaks Oval. There will be a community bus leaving Kyogle town centre at 4pm and returning at 8.30pm. The cost is $12 adults and $7 students.
Ms Bobbie Sharpe
Organiser

Casino TAFE
Applications are now being taken for Semester 2. For more information on our courses please visit our website northcoast.tafensw.edu.au or contact the Campus on 6661 2000.

Commonwealth Respite & Carelink Centre
Far North Coast
Our Centre is here to support family members, friends or neighbours (carers) who provide a significant amount of help to someone who is a frail older person, has a disability, or chronic, terminal or mental illness. The Centre is funded until June 30th 2015.
What we provide:
- Information on carer support services on the Far North Coast
- Assistance with accessing support services that meet carer and care recipient ongoing needs.
- Provision of short-term planned and emergency respite to give carers a break from their caring role.
If you are a carer and you need some help whatever your age - call us on
FREECALL™ 1800 052 222*